

Torquay EXERCISE CLASS TIMETABLE 2021

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 AM					
10:00 AM			Pilates & Strength 12:00 - 12:45 Mimi		Pilates & Strength 10:30 - 11:15 Andy
11:00 AM		Pilates & Strength 11:30-12:15 Andy			
12:00 PM	Pilates & Strength 12:00-12:45 &12:45-1:30 Mimi				
1:00 PM				Pilates & Strength 1:00 - 1:45 Jesse	
2:00 PM					
3:00 PM					
4:00 PM	Pilates & Strength 4:30 – 5:15 Mimi				
5:00 PM					